

LORAIN COUNTY

medical
reserve
corps



CONDUCTED THROUGH THE LORAIN COUNTY GENERAL HEALTH DISTRICT

"Volunteers Building Strong, Healthy & Prepared Communities"

MARCH 2009

Get Trained Today and Be Better Prepared for Tomorrow

Would you like to learn more about the national emergency operating standards established by the Federal Emergency Management Agency (FEMA)? FEMA offers an Independent Study Program online, free of charge, at <http://training.fema.gov/IS/NIMS.asp>.

Below are two introductory courses recommended for MRC volunteers by the Office of the Civilian Volunteer Medical Reserve Corps:

☆ **National Incident Management, an Introduction (IS-700.a)** provides an overview to the consistent nationwide template to enable all government, pri-

vate-sector, and nongovernmental organizations to work together during domestic incidents.

☆ **An Introduction to Incident Command System (IS-100.a)** describes the history, features, principles and organizational structure of the Incident Command System. It also explains the relationship between ICS and the National Incident Management System.

Please mail a copy of your completion certificate to Stephanie Charles, Lorain County General Health District, 9880 South Murray Ridge Road, Elyria, OH 44035 or e-mail it to scharles@loraincountyhealth.com.

Go Green!



MRC updates and e-newsletters are available electronically at mrc.loraincountyhealth.com. If you'd like to help save a tree while continuing to receive up-to-date MRC news, please send an e-mail to **MRC** @loraincountyhealth.com to opt out of the snail mail list and opt in to the electronic mailing list.

Volunteer Spotlight: Bob & Jane French



MRC volunteers, Bob and Jane French are all smiles in front and behind the volunteer scenes.

For 30 years, Bob and Jane French have shared their love for volunteerism together. Since March 2008, Bob and Jane have logged over 60 volunteer hours with MRC, participating in activities such as the MRC kickoff, Lorain County Make A Difference Day clothing and food drive, mass flu immunization clinics and multiple Volunteer Reception Center trainings.

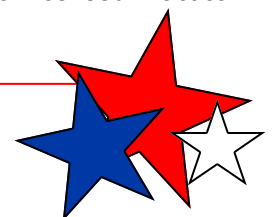
Additionally, they both participate in the Lorain County Community Emergency Response Team (CERT). Bob and Jane were recently nominated for the Office of the Civilian Volunteer Medical Reserve Corps Outstanding MRC Public Health Volunteer Award.

Bob worked as a federal employee for 34 years and currently works as a security guard for the Lorain County Joint Vocational School. Jane's passion for service began 43 years ago when she started her career as a Licensed Practical Nurse. Thank you to the Frenchs for their outstanding service to MRC!

Save The Date!

Regional POD Distribution Test: 7/11/09
Volunteer Training Event: 9/26/09

Lorain County Fair: 8/24-8/30/09
Mass Flu Immunization Clinics: 10/22 and 10/24/09



Mass Flu Immunization Clinics

MRC volunteers will be needed for the 2009 mass flu clinics, which are scheduled for October 22 and 24, 2009. Check the MRC web site this summer for more details.

In an effort to decrease influenza in Lorain County residents, MRC volunteers and LCCC nursing students worked alongside Lorain County General Health District staff members at mass flu immunization clinics in October and November 2008. Twenty-five MRC volunteers gave a helping hand at the 10 mass flu clinics on October 30 and November 1, 2008. A total of 4,584 flu shots were given on October 30, and 3,262 shots were given on November 1.

MRC Statistics

133 registered volunteers:

- ☆ 100 medical
- ☆ 33 non-medical

578 hours volunteered between March 2008 and March 2009 at the following events:

- ☆ MRC Kick-Off: 9/20/08
- ☆ Make A Difference Day: 10/25/08
- ☆ Mass Flu Clinics: 10/30/08 and 11/1/08
- ☆ Zero-Proof Mix-Off: 12/4/08
- ☆ Volunteer Reception Center Introduction: 12/15/08
- ☆ VRC Trainings: 2/13/09, 2/18/09 and 3/7/09

Alphabet Soup

Emergency Operations Center (EOC):

Central command and control facility responsible for emergency management

Point of Distribution (POD):

Mass clinic where medication or immunizations will be provided during a disaster

Regional Full-Scale Exercise

Volunteers are needed to participate on July 11, 2009 at a regional full-scale Point of Distribution (POD) site test in Cuyahoga County. This exercise will serve to provide an opportunity for the medical and safety service community to practice distribution methods. If interested in participating in the exercise, please e-mail mrc@loraincountyhealth.com.

Visit www.mrc.loraincountyhealth.com for up-to-date news and opportunities!

Created in March 2008, the Lorain County MRC is a county-based volunteer program for both medical and non-medical volunteers and is a collaborative effort coordinated through the Lorain County General Health District. The purpose of the Lorain County MRC is to assist and support local communities in preventing, protecting against, responding to, and recovering from man-made and natural disasters, acts of terrorism, and/or outbreaks of infectious disease.

LORAIN COUNTY MEDICAL
RESERVE CORPS

Lorain County General Health District
9880 South Murray Ridge Road
Elyria, Ohio 44035

Phone: 440-322-6367, 440-244-2209, and
440-236-8722

Fax: 440-322-0911

E-mail: MRC@loraincountyhealth.com

www.mrc.loraincountyhealth.com

www.loraincountyhealth.com

PRSRST STD
US POSTAGE
PAID
ELYRIA OH
PERMIT 22

**"Those who can, do. Those who
can do more, volunteer!"**

- Author Unknown